

# Do you need help at home?



If you are under 65 years of age,  
50 years of age for Aboriginal &  
Torres Strait Islander people; you  
may be eligible for help through  
your local services...

## Help around the house:

- house clean & safe - basic maintenance tasks inside and out

## Help to eat well:

- shopping; prepare or providing meals

## Help you to get out & about:

- interest group or social opportunities - transport

## Help with self care:

- showering & getting dressed

## Help managing your health:

- connecting you with professional services such as nursing, physiotherapy, occupational therapy and podiatry in your home or at a centre.



**VICTORIA**  
State  
Government

Health  
and Human  
Services

## To check if you are eligible phone:

<b>Horsham area</b>	5382 9795	-	5381 9026
<b>Hindmarsh area</b>	5391 4444	-	5381 9026
<b>West Wimmera area</b>	5585 9900		
<b>Yarriambiack area</b>	5398 0100		



\*\*\* you must not be eligible for NDIS funding\*\*\*